The Human Cost of Tobacco in New York State - February 2024

1 For every person who dies because of smoking, at least 30 people live with a serious smoking-related illness

U.S. Department of Health and Human Services. <u>The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General.</u> Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. [accessed 2024 January 17]

- 2 Annual number of deaths attributable to smoking or secondhand smoke in New York 30,000 Adults Global Burden of Disease Collaborative Network. Global Burden of Disease Study 2019 (GBD 2019) Results. Seattle, United States: Institute for Health Metrics and Evaluation (IHME), 2020. Available from https://vizhub.healthdata.org/gbd-results/ [accessed 2024 January 17]
- 3 Number of adults in NYS that still smoke 1.7 Million Adults New York State Department of Health.

https://www.health.ny.gov/statistics/brfss/reports/docs/2022-12 brfss cigarette smoking.pdf. BRFSS Brief, No. 2022-12. [accessed 2024 January 17]

4 Prevalence of Current Smoking Among All Adults and Adults in Demographic Groups with High Smoking Rates in NYS: All adults 12%, Living with a disability 17.4%, Enrolled in Medicaid 19.1%, Less than High School Education 19.2%, Reporting Frequent Mental Distress 19.7, Earning less than \$25K Income 20% Fajobi,

O. Hunter, L. Peluso, C. BRFSS Brief: Cigarette Smoking, New York State Adults, 2021. No. Year-23. Albany, NY: New York State Department of Health, Division of Chronic Disease Prevention, Bureau of Chronic Disease Evaluation and Research, May 2023.

https://www.health.ny.gov/statistics/brfss/reports/docs/2023-05 brfss cigarette smoking.pdf [accessed 2024 January 17]

5 Any Tobacco Use Among High School Students = 33.6% in 2000, 20.8% in 2022 Tobacco Use Among High School Students: Cigarette Use 2.1%, ENDs 18.7%, Other Tobacco Products 3.5% Progress stalled, nearly 1 in 5 High School Students are still using tobacco products Trends in Any Tobacco Product Use among High School Students in NYS, NY-YTS 2000-2022 Graph

New York State Youth Tobacco Survey 2000-2022.

https://www.health.ny.gov/prevention/tobacco control/reports/statshots/volume15/n1 youth tobacco use.pdf [accessed 2024 January 17]

6 More than 80% of young people who ever used tobacco started with a flavored tobacco product. Truth Initiative Flavored Tobacco Fact Sheet

https://truthinitiative.org/sites/default/files/media/files/2021/06/Truth FlavoredTobacco FactSheet2021 FINAL.pdf [accessed 2024 January 17]

7 In New York State, Menthol cigarettes are used by over half of all adult smokers (52%), while 86% of Black and 72% of Hispanic smokers exclusively smoke menthol cigarettes. New York State Department of Health (2021). StatShot Vol. 14, No. 1/ Jan 2021.

https://health.ny.gov/prevention/tobacco_control/reports/statshots/volume14/n1_menthol_cigarette_use.pdf [accessed 2024 January 17]

Contact the Bureau of Chronic Disease Evaluation and Research, New York State Department of Health at (518) 473-0673 or send an e-mail to tcp@health.ny.gov. StatShots can be accessed online at:

http://www.health.ny.gov/prevention/tobacco control/reports/statshots/.

The Economic Reality of Tobacco in New York State - February 2024

1 Annual health care costs in New York directly caused by smoking - \$9.7 BillionAnnual Medicaid costs caused by smoking in New York - \$2.7 Billion

Research Triangle Institute, The Health and Economic Burden of Smoking in New York. 2020. 2023 https://www.health.ny.gov/prevention/tobacco control/reports/docs/health and economic burden.pdf [accessed 2024 January 17]

2 NYS residents' annual state & federal tax burden from smoking-caused government expenditures - \$1,528 per household.

<u>Campaign for Tobacco-Free Kids, The Toll of Tobacco in NYS https://www.tobaccofreekids.org/problem/toll-us/new_york</u> [accessed 2024 January 17]

3 Tobacco Revenue vs. Tobacco Funding

- Annual Revenue from Tobacco in NYS 1.8 Billion: Master Settlement Agreement (MSA) Payments million, NYS Tobacco Excise Taxes Collected \$1.03 Billion,
- Total Tobacco-related Revenue 1.8 Billion
- Funding for the NYS Tobacco Control Program is only 2% of the annual tobacco revenue
- Actual Funding for the Tobacco Control Program in NYS \$34.8 Million
- NYS Tobacco Control Program Funding as a percentage of the annual tobacco revenue
- For every \$1 invested in tobacco control New York saves \$11

Research Triangle Institute, 2021 Independent Evaluation Report New York State Tobacco Control Program Page 5 https://www.health.ny.gov/prevention/tobacco control/docs/2021 independent evaluation report.pdf [accessed 2024 January 17]

4 CDC-recommended funding for NYS tobacco control: \$203 Million

Center for Disease Control: Best Practices for Comprehensive Tobacco Control Programs. Section C: Recommended Funding Levels, by State: New York, Page 110; https://www.cdc.gov/tobacco/stateandcommunity/guides/pdfs/2014/states/newyork.pdf [accessed 2024 January 17]

Contact the Bureau of Chronic Disease Evaluation and Research, New York State Department of Health at (518) 473-0673 or send an e-mail to tcp@health.ny.gov. StatShots can be accessed online at:

http://www.health.ny.gov/prevention/tobacco control/reports/statshots/.

\$794

NYS Tobacco Control Program Booklet - February 2024

Tobacco Marketing in the Retail Environment

77% of public schools are within a 10-minute walk of at least one outlet selling tobacco Heather D'Angelo, Alice Ammerman, Penny Gordon-Larsen, Laura Linnan, Leslie Lytle, and Kurt M. Ribisl, 2016: Sociodemographic Disparities in Proximity of Schools to Tobacco Outlets and Fast-Food Restaurants, American Journal of Public Health 106, 1556_1562, https://doi.org/10.2105/AJPH.2016.303259 [accessed 2024 Jan 17]

More than 80% of youth who use tobacco products started with a flavored product and continue to use flavored tobacco products. "Flavored Tobacco Products Attract Kids: Brief Overview of Key Issues." Campaign for Tobacco-Free Kids, 2022. https://www.tobaccofreekids.org/assets/factsheets/0399.pdf. [accessed 2024 Jan 17]

In New York State, 1 in 5 high school students currently uses a tobacco product.

New York State Youth Tobacco Survey 2000-2022.

https://www.health.ny.gov/prevention/tobacco control/reports/statshots/volume15/n1 youth tobacco use.pdf [accessed 2024 Jan 17]

Flavored tobacco products are widely advertised and available in retail stores. These include menthol cigarettes, inexpensive little cigars available in a large variety of sweet, fruity flavors and flavored ecigarettes.

Rogers T, Brown EM, Siegel-Reamer L, Rahman B, Feld AL, Patel M, Vallone D, Schillo BA. A Comprehensive Qualitative Review of Studies Evaluating the Impact of Local US Laws Restricting the Sale of Flavored and Menthol Tobacco Products. Nicotine Tob Res. 2022 Mar 1;24(4):433-443. doi: 10.1093/ntr/ntab188. PMID: 34525207; PMCID: PMC8887583. https://pubmed.ncbi.nlm.nih.gov/34525207/ [accessed 2024 January 17]

Smoke-Free Movies

Research shows that the more smoking young people see on screen, the more likely they are to start smoking.

U.S. Department of Health and Human Services. <u>Preventing Tobacco Use Among Youth and Young Adults: A Report of the Surgeon General.</u> Atlanta, U.S. Department of Health and Human Services, Centers for Disease Control and Prevention and Health Promotion, Office on Smoking and Health, 2012 [accessed 2024 January 17]

Tobacco imagery on screen is often unrealistic and both normalizes and glamorizes tobacco use.

Heatherton TF, Sargent JD. Does Watching Smoking in Movies Promote Teenage Smoking? Curr Dir Psychol Sci.

2009 Apr 15; 18(2):63- 67 [accessed 2024 January 17]

Giving an R rating to movies with smoking would avert 1 million of those smoking deaths among today's children and teens.

U.S. Department of Health and Human Services. <u>The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General.</u> Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014 [accessed 2024 January 17]

Smoke-Free Housing

Secondhand smoke exposure is twice as high for people living below the poverty level compared with those living above the poverty level.

Ham DC, Przybeck T, Strickland JR, Luke DA, Bierut LJ, Evanoff BA. <u>Occupation and Workplace Policies Predict Smoking Behaviors: Analysis of National Data from the Current Population Survey</u>. Journal of Occupational and Environmental Medicine. 2011;53(11):1337-45 [accessed 2024 January 17].

There is no safe level of exposure to secondhand smoke. U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. [accessed 2024 January 17]

Exposure to secondhand smoke can cause Sudden Infant Death Syndrome (SIDS), asthma attacks, heart disease and cancer. U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. [accessed 2024 January 17]

Tobacco-Free Outdoors

Even brief exposure to secondhand smoke may increase the severity of asthma attacks and lower respiratory tract infections and has adverse effects on the heart. U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. https://www.cdc.gov/tobacco/secondhand-smoke/health.html [accessed 2024 January 17]

Discarded tobacco products pollute the land and water and are highly toxic and dangerous to children, pets, and wildlife. Truth Initiative Fact Sheet

https://truthinitiative.org/sites/default/files/media/files/2023/10/Truth Environment%20FactSheet%20Update%2020 23 101623.pdf [accessed 2024 January 17]

Tobacco use in family-friendly places such as playgrounds, parks, and athletic events models unhealthy behavior and normalizes the use of tobacco.

Institute of Medicine (US) Committee on Preventing Nicotine Addiction in Children and Youths; Lynch BS, Bonnie RJ, editors. Growing up Tobacco Free: Preventing Nicotine Addiction in Children and Youths. Washington (DC): National Academies Press (US); 1994. 3, SOCIAL NORMS AND THE ACCEPTABILITY OF TOBACCO USE.Available from: https://www.ncbi.nlm.nih.gov/books/NBK236769/ [accessed 2024 January 17]

Tobacco-free outdoor policies increase the number of tobacco users who are motivated to quit and supports the efforts of tobacco users who attempt to quit.

Syamlal G, King BA, Mazurek JM. Workplace Smoke-Free Policies and Cessation Programs Among U.S. Working Adults. Am J Prev Med. 2019 Apr;56(4):548-562. doi: 10.1016/j.amepre.2018.10.030. Epub 2019 Feb 14. PMID: 30772152; PMCID: PMC6854656. https://www.cdc.gov/tobacco/secondhand-smoke/protection/reduce-smoking.htm [accessed 2024 January 17]

Health Systems for a Tobacco-Free New York

Smoking is still the leading cause of preventable death and disease in New York State. U.S. Department of Health and Human Services. The Health Consequences of Smoking—50 Years of Progress: A Report of the Surgeon General. Atlanta: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2014. https://www.health.ny.gov/prevention/tobacco_control/ [accessed 2024 January 17]

There are seven FDA-approved methods to treat nicotine addiction, and e-cigarette use is not one of them. Source: Smokefree.gov, Office on Smoking and Health, National Center for Chronic Disease Prevention and Health Promotion, Centers for Disease Control and Prevention.

https://www.cdc.gov/tobacco/campaign/tips/quit-smoking/quit-smoking-medications/how-to-use-quit-smoking-medicines/index.html [accessed 2024 January 17]

While 25% of adults in the U.S. have a behavioral health condition, they consume almost 40% of all cigarettes smoked by adults in this country.

Substance Abuse and Mental Health Services Administration. (2021). <u>Key substance use and mental health indicators in the United States: Results from the 2020 National Survey on Drug Use and Health</u> (HHS Publication No. PEP21-07-01-003, NSDUH Series H-56), p.A-48. Rockville, MD: Center for Behavioral Health Statistics and Quality, Substance Abuse and Mental Health Services Administration. [accessed 2024 January 17]

A health care provider's advice and assistance more than doubles the odds that a patient will successfully quit smoking.

New York State Adult Tobacco Survey 2014-2022. StatShot can be accessed online at: https://www.health.ny.gov/prevention/tobacco control/reports/statshots/volume15/n3 aaap to quit smoking.pdf [accessed 2024 January 17]