

Q & A



What do Reality Check members do?

Reality Check works to make change. We educate and engage our communities to raise awareness about the negative impact of commercial tobacco and tobacco marketing. Reality Check members are actively involved in attending and planning activities and events, meeting and engaging with other youth leaders from across the state, public speaking, and meeting with elected officials, and members of the news media.



Is Reality Check open to anyone?

Anyone 13 - 18 years in New York State is able to join Reality Check. There is a Reality Check program in every county in New York State. There are groups in places like schools and community centers. You can also be an individual member even if you are the only person from your school.



How can I join or get connected with Reality Check?

There are a few ways to become involved in Reality Check. If you know your school has a Reality Check group, listen to the announcements and attend their next meeting. If you are unsure if your school has Reality Check, you can go to the Contact Us section of TobaccoFreeNYS.org and put in your zip code, and send us an email



Can I still be involved if my school doesn't have a Reality Check Club or Group?

Yes. Many areas across the state have Reality Check groups at places like community centers and libraries. Just go to the Contact Us section of the TobaccoFreeNYS.org section, put in your zip code and send us an email. We will reach back out to you and let you know of any upcoming meetings or events. If other students at your school are also interested in forming a group, they may be able to help establish one.



What if I smoke, vape, or use other tobacco products?

Reality Check fights the tobacco industry, not users. We know that nicotine products in all forms (smoking, vaping, e-cigarettes, and chew) is addictive and we understand. Your voice is important to us, contact us and we will find ways for you to be involved, and have your voice heard.